

You cannot do Agriculture unless you have Love

INTERVIEW WITH ENZO NASTATI

ENZO NASTATI IS AN ITALIAN RESEARCHER WHO IS MOST NOTED FOR POTENTISING THE BIODYNAMIC PREPARATIONS. THIS AUTUMN, AT THE FIELD CENTRE, HE GAVE A SEMINAR CONCERNING POTENTISATION IN WHICH HE SHARED SOME OF THE BASIC PRINCIPLES OF HIS WORK. AFTER THE SEMINAR WE HAD A CHANCE TO CATCH UP WITH HIM TO FIND OUT MORE ABOUT HIS LIFE AND WORK.

RICHARD SWANN

Please tell us about your background and what brought you to this work, and about the work of the Eureka Institute? ¹

ENZO NASTATI

I was lucky. My family were not farmers, so I was totally ignorant! One day when I was twenty years old and a well paid electrician, I bought a house with a garden around it. I asked my eldest daughter when she was six to become my teacher because she at least had seen a person planting onions. We made furrows in the earth and planted 30 small onions. I used my hands to make the furrows. As the earth passed between my fingers I had an incredible experience which still moves me thinking back. I felt the love and the pain of the Earth.

From that I started to become a grower. My wife found a book by Pfeiffer² in a colleague's office and brought it home. I was a political, anarchic, left wing type so for me God did not exist. I read the book and said that if this is true it is a revolution and the only way to find out is to experiment. So at 25, nearly 40 years ago, I immediately started with the preparations.

In Trieste they have terrible 100km/hour winds. Three to four years after my first experiences I planted some beans. The plants were stripped by the wind and reduced to the stalks, so I took some Valerian Preparation (507) and sprayed it on my plants. The beans blossomed again! So I really had to study this now.

I found the Agricultural course by Steiner and read it 200 times until I got it. I made a 2m square schema of its content, which I later reduced to a small sheet of paper – which I still have. Then I started to apply it. I left my job and started to be a farmer.

Having no tradition I was free to try all sorts of possibilities. Studying the Course led me to read other Steiner books and came to love Steiner and thus become an anthroposophist. Steiner led me to God!

RICHARD SWANN

From an Anarchist to God. Now you talk a lot about the gospels?

ENZO NASTATI

Yes the study of the gospels came when I was 35 after I read Steiner's Christology. It gave me the impulse to go beyond a superficial reading of the gospels.

In the middle of this the disaster at Chernobyl happened. I notice that afterwards the biodynamic preparations were less effective. Perhaps a few of your readers know the preparations before Chernobyl and how they worked. Then

I had made trees blossom that had never blossomed before, just with the preparations. But after Chernobyl eve-

rything changed so I told myself I had to find another way. I started experimenting with homeopathic potentisation.

My first task was to potentise the preparations and everyone told me this was impossible. A close friend was a pharmacist and director of Weleda in Italy and I exchanged ideas with him. He always said it was impossible, but it turned out he was a salesman and I needed to talk to a researcher.

I thus went on by myself. My first question was simple: we have 4 ethers so can I dynamise into these ethers? I went to Dornach and Wala and I knew the man who dynamised there and asked him but he had no answers. I then went to the Black Forest to talk to Helmut Finsterlin – Hugo Erbe's right hand man. Erbe³ was an initiate and a genius who invented 20 new preparations. I spoke with Finsterlin for over two days which opened up a new world for me. Then I met Georg Wilhelm Schmidt⁴ who worked with seeds. We spent 15 days together which was a real experience. I learned to 'read' plants from their forms and thus their secret names and the influence of planets and zodiac. I asked him many questions and he said 'no one has ever asked as many questions as you have'. The next day I met with him and his colleagues who wanted to know who the mere Italian was. Afterwards Schmidt told me 'when I die you will carry on my work'.

So I carried on his work. I then had another bit of luck. My house and my land was close to a cemetery. In Anthroposophy we learn that those who have died bring light to the plants so I spoke to them and asked them to do some good work together with me. After three years Schmidt came to see my work and said that I had done more in three years than he had done in 30 years. I explained to him about my 'helpers' and my potentised preparations.

RICHARD SWANN

To clarify: Chernobyl happened and then you started to potentise. What was the inspiration to go this way?

ENZO NASTATI

Because when Chernobyl happened Trieste was saturated with the fallout so I closed myself in the house and studied radioactivity. My information was very technical but I decided to look at fungi. It was discovered that fungi hyper-accumulate some radioactive isotopes. So I took some mushrooms and made them into ashes by roasting them in an iron skillet and from these I prepared my first new and potentised preparation. It was very clumsy and barbaric! I sprayed it and thus reduced radioactive caesium⁵ by 40% in a few days and told myself that this was to be my new life – working with pollution.

In the middle of all this the Italian biodynamic association was formed in 1977. In 1980 I was part of forming the

biodynamic circle of Friuli in Northern Italy and in 1982-3 I became a national advisor. Then I became the president of Demeter in Italy.

As the result of a conflict with Dornach and Demeter I felt I had to resign. I also resigned from the Anthroposophical Society but insisted that I still remain a member. I loved Steiner but I did not recognise the Society. This gave me a lot of free time to work on homoeopathy.

I started to study the gospels 24 years ago and as I studied I found it was a little 'wrong'. For instance the multiplication of the bread and fishes; Jesus goes to the top of Mount Tabor and looks up and he sees a crowd coming towards him. But he was looking up from the top of a mountain. So I re-translated all the gospels and when our team had finished, we understood that it was useless because the Latin language kills spiritual communication. So we started again with the Greek version and this was beautiful. This task took 10 years and then I knew that I was a Christian

RICHARD SWANN

Can you tell me something about the Institute?

ENZO NASTATI

I founded the (Eureka) research institute and now we have 11 researchers. We produced a new fertiliser based on clay, basalt and seaweed which is spread on the Earth. One gram is enough for 100 m². Then I dedicated myself to the desert and improving water's irrigation potential and the removal of pollution. For example, we are doing Zarathustra's work again and take wild plants and domesticating them and making nourishing food crops. We have used ancient plants for too long and now they have a new task of stimulating the nutrition of light.

RICHARD SWANN

Do you have any completed work?

ENZO NASTATI

We are still working on it.

Another task is the farm organism in a much more advanced form than outlined in the Agriculture Course. It is very practical – for drought or when there is too much water in the environment. A favourite task was to create a garden that keeps mosquitoes away. We study plants and how with companion plants one can make small self-sufficient regions. This is most difficult and painful for me because I have explained this many times but no one has practiced them. One needs a completely holistic vision.

Fifteen years ago we took GM maize and reverted it to organic but no one wanted to hear about that either.

RICHARD SWANN

Is this published?

ENZO NASTATI

Now we are working with a university and will publish results. We will repeat these experiments!

RICHARD SWANN

How is the homoeodynamic work developing?

ENZO NASTATI

We have 200 new products for agriculture. For instance there is one for lodged wheat, and we can often increase the yield by a factor of two or three. We are working right now to promote blossoming.

RICHARD SWANN

What is the difficulty getting this across to people?

ENZO NASTATI

It is not a problem to explain but people do not have the will to practice. People are happy with normal things but there is not enough warmth and enthusiasm in their thoughts. You can read it written in the Agriculture Course – there is a problem of nutrition because we are eating foods that don't really feed us.

RICHARD SWANN

What message do you for the young people now?

ENZO NASTATI

I can say that everything is life and everything is love and these are bound in a unity. You cannot do agriculture unless you have love, so you don't have to kill.

For more about Enzo Nastati's work see www.considera.org/hrxeureka.html

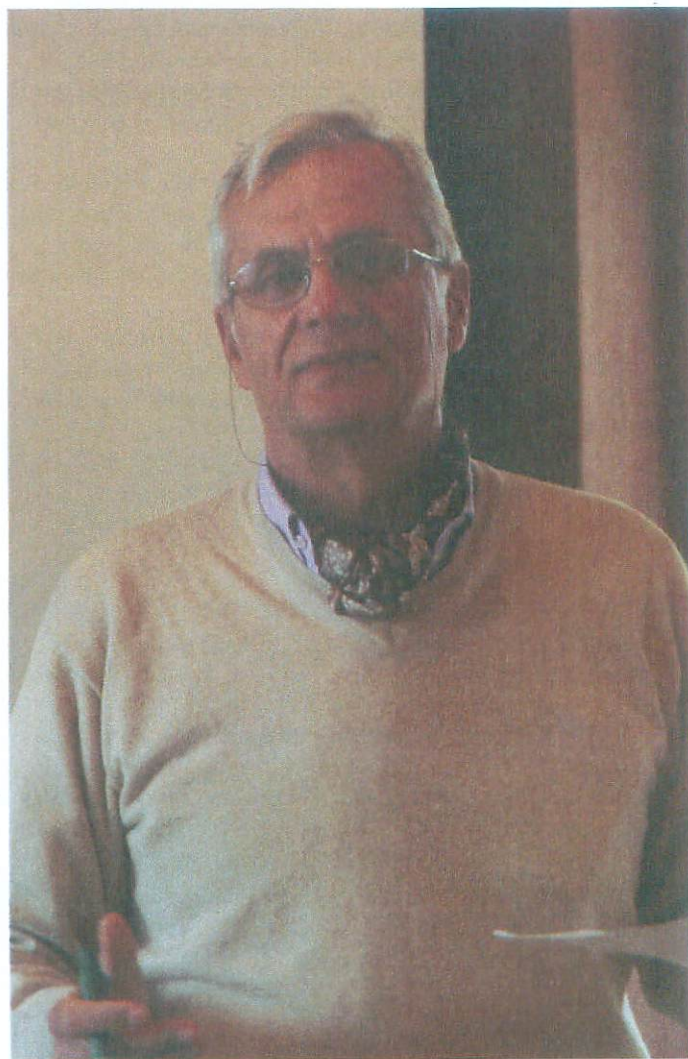
¹ See <http://www.dimensione-eureka.it/>

² Biodynamic researcher who worked closely with Steiner

³ See <http://www.considera.org/hrxErbe.html>

⁴ <http://www.moodie.biz/thinking/Wilhelm.pdf>

⁵ Half life of 30 years.



Enzo Nastati - photo Richard Swann